

# Laatste kans Vita: Session: 1: COACH evaluation sheet for TEAM: BRABO

Coachinfo: Warming up from: 13:00 untill 13:50. Teamleadmeeting @ 13:45      The listed starttimes are indicative!

Coaches: Hoffmann Serge    HEADCOACH

PB => Personal Best time                      SB => Seasons Best time: Season starting point: first of September.

| Event number: 1: 100M FREESTYLE MEN 11+          |           |           |           |           | Heat:5, starttime: 14:07                                |
|--------------------------------------------------|-----------|-----------|-----------|-----------|---------------------------------------------------------|
| Heat: 5/13    Lane : 6    Athlete: MICHELS LINUS |           |           |           |           | Q-time: 01:07:04                                        |
| PB (25m pool): 01:07.04    Temse 17/11/2025      |           |           |           |           | PB (50m pool): 01:11.65SB: 01:07.04    Temse 17/11/2025 |
|                                                  | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0 M   |                                                         |
| PB                                               |           | 00:32.45  |           | 01:07.04  |                                                         |
|                                                  | 00:32.45  |           | 00:34.59  |           |                                                         |
|                                                  | . . . . . | . . . . . | . . . . . | . . . . . |                                                         |

Coach feedback:

| Event number: 1: 100M FREESTYLE MEN 11+         |           |           |           |           | Heat:7, starttime: 14:10                                    |
|-------------------------------------------------|-----------|-----------|-----------|-----------|-------------------------------------------------------------|
| Heat: 7/13    Lane : 1    Athlete: WENé FINN    |           |           |           |           | Q-time: 01:03:14                                            |
| PB (25m pool): 01:03.14    Antwerpen 12/10/2025 |           |           |           |           | PB (50m pool): 01:05.79SB: 01:03.14    Antwerpen 12/10/2025 |
|                                                 | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0 M   |                                                             |
| PB                                              |           | 00:30.49  |           | 01:03.14  |                                                             |
|                                                 | 00:30.49  |           | 00:32.65  |           |                                                             |
|                                                 | . . . . . | . . . . . | . . . . . | . . . . . |                                                             |

Coach feedback:

| Event number: 1: 100M FREESTYLE MEN 11+                      |           |           |           |           | Heat:7, starttime: 14:10           |
|--------------------------------------------------------------|-----------|-----------|-----------|-----------|------------------------------------|
| Heat: 7/13    Lane : 3    Athlete: PAZMANY ANDREAS           |           |           |           |           | Q-time: 01:02:64                   |
| PB (25m pool): 01:02.64    Stedelijk Zwembad Geel 16/02/2025 |           |           |           |           | PB (50m pool): 01:02.91SB: no time |
|                                                              | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0 M   |                                    |
| PB                                                           |           | 00:29.54  |           | 01:02.64  |                                    |
|                                                              | 00:29.54  |           | 00:33.10  |           |                                    |
|                                                              | . . . . . | . . . . . | . . . . . | . . . . . |                                    |

Coach feedback:

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| Event number: 1: 100M FREESTYLE MEN 11+   |          |          |          |          | Heat:7, starttime: 14:10                               |
|-------------------------------------------|----------|----------|----------|----------|--------------------------------------------------------|
| Heat: 7/13 Lane : 8 Athlete: JAMMAER TIJL |          |          |          |          | Q-time: 01:03:14                                       |
| PB (25m pool): 01:03.14 Nijlen 16/11/2025 |          |          |          |          | PB (50m pool): 01:07.87 SB: 01:03.14 Nijlen 16/11/2025 |
|                                           | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                                        |
| PB                                        |          | 00:29.86 |          | 01:03.14 |                                                        |
|                                           | 00:29.86 |          | 00:33.28 |          |                                                        |
|                                           | .....    | .....    | .....    | .....    |                                                        |

Coach feedback:

| Event number: 1: 100M FREESTYLE MEN 11+              |          |          |          |          | Heat:9, starttime: 14:13                               |
|------------------------------------------------------|----------|----------|----------|----------|--------------------------------------------------------|
| Heat: 9/13 Lane : 8 Athlete: DA SILVA CAMARATE SHAWN |          |          |          |          | Q-time: 01:00:22                                       |
| PB (25m pool): 01:00.22 Nijlen 16/11/2025            |          |          |          |          | PB (50m pool): 01:02.01 SB: 01:00.22 Nijlen 16/11/2025 |
|                                                      | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                                        |
| PB                                                   |          | 00:28.37 |          | 01:00.22 |                                                        |
|                                                      | 00:28.37 |          | 00:31.85 |          |                                                        |
|                                                      | .....    | .....    | .....    | .....    |                                                        |

Coach feedback:

| Event number: 1: 100M FREESTYLE MEN 11+       |          |          |          |          | Heat:11, starttime: 14:16                                 |
|-----------------------------------------------|----------|----------|----------|----------|-----------------------------------------------------------|
| Heat: 11/13 Lane : 1 Athlete: DE KONING RUBEN |          |          |          |          | Q-time: 00:57:01                                          |
| PB (25m pool): 00:57.01 Antwerpen 12/10/2025  |          |          |          |          | PB (50m pool): 00:57.84 SB: 00:57.01 Antwerpen 12/10/2025 |
|                                               | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                                           |
| PB                                            |          | 00:27.30 |          | 00:57.01 |                                                           |
|                                               | 00:27.30 |          | 00:29.71 |          |                                                           |
|                                               | .....    | .....    | .....    | .....    |                                                           |

Coach feedback:

| Event number: 1: 100M FREESTYLE MEN 11+            |          |          |          |          | Heat:11, starttime: 14:16                                 |
|----------------------------------------------------|----------|----------|----------|----------|-----------------------------------------------------------|
| Heat: 11/13 Lane : 3 Athlete: VAN CAMPFORT NICOLAS |          |          |          |          | Q-time: 00:56:79                                          |
| PB (25m pool): 00:56.79 Antwerpen 12/10/2025       |          |          |          |          | PB (50m pool): 00:57.47 SB: 00:56.79 Antwerpen 12/10/2025 |
|                                                    | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                                           |
| PB                                                 |          | 00:27.50 |          | 00:56.79 |                                                           |
|                                                    | 00:27.50 |          | 00:29.29 |          |                                                           |
|                                                    | .....    | .....    | .....    | .....    |                                                           |

Coach feedback:

# Laatste kans Vita: Session: 1: COACH evaluation sheet for TEAM: BRABO

| Event number: 1: 100M FREESTYLE MEN 11+                                     |         |         |       |          | Heat:11, starttime: 14:16 |
|-----------------------------------------------------------------------------|---------|---------|-------|----------|---------------------------|
| Heat: 11/13 Lane : 6 Athlete: DE MEYER NIELS                                |         |         |       |          | Q-time: 00:56:92          |
| PB (25m pool): 00:55.13 Geel 20/02/2022 PB (50m pool): 00:55.33 SB: no time |         |         |       |          |                           |
|                                                                             | 2 5 M   | 5 0 M   | 7 5 M | 1 0 0 M  |                           |
| PB                                                                          |         | no time |       | 00:55.13 |                           |
|                                                                             | no time |         |       |          |                           |
|                                                                             | .....   | .....   | ..... | .....    |                           |

Coach feedback:

| Event number: 1: 100M FREESTYLE MEN 11+                                                       |          |          |          |          | Heat:12, starttime: 14:17 |
|-----------------------------------------------------------------------------------------------|----------|----------|----------|----------|---------------------------|
| Heat: 12/13 Lane : 5 Athlete: METZEMAKERS NOA                                                 |          |          |          |          | Q-time: 00:54:47          |
| PB (25m pool): 00:54.47 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): 00:54.56 SB: no time |          |          |          |          |                           |
|                                                                                               | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                           |
| PB                                                                                            |          | 00:26.00 |          | 00:54.47 |                           |
|                                                                                               | 00:26.00 |          | 00:28.47 |          |                           |
|                                                                                               | .....    | .....    | .....    | .....    |                           |

Coach feedback:

| Event number: 1: 100M FREESTYLE MEN 11+                                                        |          |          |          |          | Heat:12, starttime: 14:17 |
|------------------------------------------------------------------------------------------------|----------|----------|----------|----------|---------------------------|
| Heat: 12/13 Lane : 6 Athlete: SZABO PETER                                                      |          |          |          |          | Q-time: 00:54:78          |
| PB (25m pool): 00:54.78 Temse 17/11/2025 PB (50m pool): 00:56.05 SB: 00:54.78 Temse 17/11/2025 |          |          |          |          |                           |
|                                                                                                | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                           |
| PB                                                                                             |          | 00:26.93 |          | 00:54.78 |                           |
|                                                                                                | 00:26.93 |          | 00:27.85 |          |                           |
|                                                                                                | .....    | .....    | .....    | .....    |                           |

Coach feedback:

| Event number: 1: 100M FREESTYLE MEN 11+                                                                             |          |          |          |          | Heat:12, starttime: 14:17 |
|---------------------------------------------------------------------------------------------------------------------|----------|----------|----------|----------|---------------------------|
| Heat: 12/13 Lane : 7 Athlete: LAMPO OLIVIER                                                                         |          |          |          |          | Q-time: 00:55:03          |
| PB (25m pool): 00:55.03 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): 00:57.04 SB: 00:55.77 Antwerpen 12/10/2025 |          |          |          |          |                           |
|                                                                                                                     | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                           |
| PB                                                                                                                  |          | 00:26.92 |          | 00:55.03 |                           |
|                                                                                                                     | 00:26.92 |          | 00:28.11 |          |                           |
|                                                                                                                     | .....    | .....    | .....    | .....    |                           |

Coach feedback:

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| Event number: 1: 100M FREESTYLE MEN 11+                                                                                    |           |           |           |           | Heat:13, starttime: 14:18 |
|----------------------------------------------------------------------------------------------------------------------------|-----------|-----------|-----------|-----------|---------------------------|
| Heat: 13/13 Lane : 1 Athlete: LAVDANITI ZHULIAN XHOI                                                                       |           |           |           |           | Q-time: 00:52:84          |
| PB (25m pool): 00:52.47 Gemeentelijk Zwembad Kapellen 29/05/2025 PB (50m pool): 00:52.70 SB: 00:52.84 Antwerpen 12/10/2025 |           |           |           |           |                           |
|                                                                                                                            | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0 M   |                           |
| PB                                                                                                                         |           | no time   |           | 00:52.47  |                           |
|                                                                                                                            | no time   |           |           |           |                           |
|                                                                                                                            | . . . . . | . . . . . | . . . . . | . . . . . |                           |

Coach feedback:

| Event number: 1: 100M FREESTYLE MEN 11+                                                     |           |           |           |           | Heat:13, starttime: 14:18 |
|---------------------------------------------------------------------------------------------|-----------|-----------|-----------|-----------|---------------------------|
| Heat: 13/13 Lane : 2 Athlete: KINDT LEVI                                                    |           |           |           |           | Q-time: 00:52:11          |
| PB (25m pool): 00:52.11 Gent 09/11/2025 PB (50m pool): no time SB: 00:52.11 Gent 09/11/2025 |           |           |           |           |                           |
|                                                                                             | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0 M   |                           |
| PB                                                                                          |           | 00:24.83  |           | 00:52.11  |                           |
|                                                                                             | 00:24.83  |           | 00:27.28  |           |                           |
|                                                                                             | . . . . . | . . . . . | . . . . . | . . . . . |                           |

Coach feedback:

| Event number: 1: 100M FREESTYLE MEN 11+                                                      |           |           |           |           | Heat:13, starttime: 14:18 |
|----------------------------------------------------------------------------------------------|-----------|-----------|-----------|-----------|---------------------------|
| Heat: 13/13 Lane : 4 Athlete: VAN HOOYDONCK VINCENT                                          |           |           |           |           | Q-time: 00:48:43          |
| PB (25m pool): 00:48.43 Gent 09/11/2025 PB (50m pool): 00:49.90 SB: 00:48.43 Gent 09/11/2025 |           |           |           |           |                           |
|                                                                                              | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0 M   |                           |
| PB                                                                                           |           | 00:22.84  |           | 00:48.43  |                           |
|                                                                                              | 00:22.84  |           | 00:25.59  |           |                           |
|                                                                                              | . . . . . | . . . . . | . . . . . | . . . . . |                           |

Coach feedback:

| Event number: 1: 100M FREESTYLE MEN 11+                                                                        |           |           |           |           | Heat:13, starttime: 14:18 |
|----------------------------------------------------------------------------------------------------------------|-----------|-----------|-----------|-----------|---------------------------|
| Heat: 13/13 Lane : 6 Athlete: BRACKE ERNO                                                                      |           |           |           |           | Q-time: 00:51:31          |
| PB (25m pool): 00:51.31 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): 00:53.03 SB: 00:51.39 Gent 09/11/2025 |           |           |           |           |                           |
|                                                                                                                | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0 M   |                           |
| PB                                                                                                             |           | 00:24.88  |           | 00:51.31  |                           |
|                                                                                                                | 00:24.88  |           | 00:26.43  |           |                           |
|                                                                                                                | . . . . . | . . . . . | . . . . . | . . . . . |                           |

Coach feedback:

Laatste kans Vita: Session: 1: COACH evaluation sheet for TEAM: BRABO

| Event number: 1: 100M FREESTYLE MEN 11+      |           |           |           |           | Heat:13, starttime: 14:18                                 |
|----------------------------------------------|-----------|-----------|-----------|-----------|-----------------------------------------------------------|
| Heat: 13/13 Lane : 8 Athlete: VERVLOET RUWEN |           |           |           |           | Q-time: 00:53:50                                          |
| PB (25m pool): 00:53.50 Antwerpen 12/10/2025 |           |           |           |           | PB (50m pool): 00:53.54 SB: 00:53.50 Antwerpen 12/10/2025 |
|                                              | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0 M   |                                                           |
| PB                                           |           | 00:25.32  |           | 00:53.50  |                                                           |
|                                              | 00:25.32  |           | 00:28.18  |           |                                                           |
|                                              | . . . . . | . . . . . | . . . . . | . . . . . |                                                           |

Coach feedback:

| Event number: 2: 100M FREESTYLE WOMEN 11+                 |           |           |           |           | Heat:5, starttime: 14:27                               |
|-----------------------------------------------------------|-----------|-----------|-----------|-----------|--------------------------------------------------------|
| Heat: 5/12 Lane : 1 Athlete: VAN REETH LISSE              |           |           |           |           | Q-time: 01:12:94                                       |
| PB (25m pool): 01:12.94 Stedelijk Zwembad Geel 16/02/2025 |           |           |           |           | PB (50m pool): 01:13.60 SB: 01:12.98 Nijlen 16/11/2025 |
|                                                           | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0 M   |                                                        |
| PB                                                        |           | 00:34.48  |           | 01:12.94  |                                                        |
|                                                           | 00:34.48  |           | 00:38.46  |           |                                                        |
|                                                           | . . . . . | . . . . . | . . . . . | . . . . . |                                                        |

Coach feedback:

| Event number: 2: 100M FREESTYLE WOMEN 11+                 |           |           |           |           | Heat:7, starttime: 14:31                                  |
|-----------------------------------------------------------|-----------|-----------|-----------|-----------|-----------------------------------------------------------|
| Heat: 7/12 Lane : 1 Athlete: HOUVENAGHEL ELIEN            |           |           |           |           | Q-time: 01:09:30                                          |
| PB (25m pool): 01:09.30 Stedelijk Zwembad Geel 16/02/2025 |           |           |           |           | PB (50m pool): 01:09.38 SB: 01:09.93 Antwerpen 12/10/2025 |
|                                                           | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0 M   |                                                           |
| PB                                                        |           | 00:33.35  |           | 01:09.30  |                                                           |
|                                                           | 00:33.35  |           | 00:35.95  |           |                                                           |
|                                                           | . . . . . | . . . . . | . . . . . | . . . . . |                                                           |

Coach feedback:

| Event number: 2: 100M FREESTYLE WOMEN 11+    |           |           |           |           | Heat:7, starttime: 14:31                               |
|----------------------------------------------|-----------|-----------|-----------|-----------|--------------------------------------------------------|
| Heat: 7/12 Lane : 8 Athlete: BALAJI YOUSRA   |           |           |           |           | Q-time: 01:09:32                                       |
| PB (25m pool): 01:09.32 Herentals 17/05/2025 |           |           |           |           | PB (50m pool): 01:09.62 SB: 01:09.85 Nijlen 16/11/2025 |
|                                              | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0 M   |                                                        |
| PB                                           |           | 00:32.92  |           | 01:09.32  |                                                        |
|                                              | 00:32.92  |           | 00:36.40  |           |                                                        |
|                                              | . . . . . | . . . . . | . . . . . | . . . . . |                                                        |

Coach feedback:

Laatste kans Vita:
 Session: 1:
 COACH evaluation sheet for TEAM: BRABO

|                                              |          |          |          |          |                                                           |
|----------------------------------------------|----------|----------|----------|----------|-----------------------------------------------------------|
| Event number: 2: 100M FREESTYLE WOMEN 11+    |          |          |          |          | Heat:11, starttime: 14:37                                 |
| Heat: 11/12 Lane : 4 Athlete: HEIJL OLIVIA   |          |          |          |          | Q-time: 01:00:30                                          |
| PB (25m pool): 01:00.30 Antwerpen 12/10/2025 |          |          |          |          | PB (50m pool): 01:01.88 SB: 01:00.30 Antwerpen 12/10/2025 |
|                                              | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                                           |
| PB                                           |          | 00:29.21 |          | 01:00.30 |                                                           |
|                                              | 00:29.21 |          | 00:31.09 |          |                                                           |
|                                              | .....    | .....    | .....    | .....    |                                                           |

Coach feedback:

|                                             |         |         |       |          |                                                            |
|---------------------------------------------|---------|---------|-------|----------|------------------------------------------------------------|
| Event number: 2: 100M FREESTYLE WOMEN 11+   |         |         |       |          | Heat:11, starttime: 14:37                                  |
| Heat: 11/12 Lane : 6 Athlete: DHOOGHE KATIA |         |         |       |          | Q-time: 01:01:56                                           |
| PB (25m pool): 01:01.56 Kapellen 02/06/2024 |         |         |       |          | PB (50m pool): 01:01.67 SB: 01:01.84 Aartselaar 01/11/2025 |
|                                             | 2 5 M   | 5 0 M   | 7 5 M | 1 0 0 M  |                                                            |
| PB                                          |         | no time |       | 01:01.56 |                                                            |
|                                             | no time |         |       |          |                                                            |
|                                             | .....   | .....   | ..... | .....    |                                                            |

Coach feedback:

|                                             |          |          |          |          |                                                        |
|---------------------------------------------|----------|----------|----------|----------|--------------------------------------------------------|
| Event number: 2: 100M FREESTYLE WOMEN 11+   |          |          |          |          | Heat:11, starttime: 14:37                              |
| Heat: 11/12 Lane : 7 Athlete: LEPAGE AMÉLIE |          |          |          |          | Q-time: 01:02:00                                       |
| PB (25m pool): 01:02.00 Gent 23/02/2025     |          |          |          |          | PB (50m pool): 01:03.78 SB: 01:02.02 Nijlen 16/11/2025 |
|                                             | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                                        |
| PB                                          |          | 00:29.48 |          | 01:02.00 |                                                        |
|                                             | 00:29.48 |          | 00:32.52 |          |                                                        |
|                                             | .....    | .....    | .....    | .....    |                                                        |

Coach feedback:

|                                                           |          |          |          |          |                                     |
|-----------------------------------------------------------|----------|----------|----------|----------|-------------------------------------|
| Event number: 2: 100M FREESTYLE WOMEN 11+                 |          |          |          |          | Heat:12, starttime: 14:38           |
| Heat: 12/12 Lane : 2 Athlete: BROECKAERT NOOR             |          |          |          |          | Q-time: 00:58:55                    |
| PB (25m pool): 00:58.55 Stedelijk Zwembad Geel 16/02/2025 |          |          |          |          | PB (50m pool): 00:58.36 SB: no time |
|                                                           | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                     |
| PB                                                        |          | 00:28.29 |          | 00:58.55 |                                     |
|                                                           | 00:28.29 |          | 00:30.26 |          |                                     |
|                                                           | .....    | .....    | .....    | .....    |                                     |

Coach feedback:

Laatste kans Vita:
 Session: 1:
 COACH evaluation sheet for TEAM: BRABO

| Event number: 2: 100M FREESTYLE WOMEN 11+      |          |          |          |          | Heat:12, starttime: 14:38                            |
|------------------------------------------------|----------|----------|----------|----------|------------------------------------------------------|
| Heat: 12/12 Lane : 5 Athlete: RAVELINGIEN LANA |          |          |          |          | Q-time: 00:55:50                                     |
| PB (25m pool): 00:55.50 Gent 09/11/2025        |          |          |          |          | PB (50m pool): 00:56.30 SB: 00:55.50 Gent 09/11/2025 |
|                                                | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                                      |
| PB                                             |          | 00:26.61 |          | 00:55.50 |                                                      |
|                                                | 00:26.61 |          | 00:28.89 |          |                                                      |
|                                                | .....    | .....    | .....    | .....    |                                                      |

Coach feedback:

| Event number: 2: 100M FREESTYLE WOMEN 11+     |          |          |          |          | Heat:12, starttime: 14:38                              |
|-----------------------------------------------|----------|----------|----------|----------|--------------------------------------------------------|
| Heat: 12/12 Lane : 6 Athlete: MAEREVOET MARIE |          |          |          |          | Q-time: 00:58:05                                       |
| PB (25m pool): 00:58.05 Mol 20/10/2024        |          |          |          |          | PB (50m pool): 00:58.96 SB: 00:59.98 Nijlen 16/11/2025 |
|                                               | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                                        |
| PB                                            |          | 00:28.02 |          | 00:58.05 |                                                        |
|                                               | 00:28.02 |          | 00:30.03 |          |                                                        |
|                                               | .....    | .....    | .....    | .....    |                                                        |

Coach feedback:

| Event number: 2: 100M FREESTYLE WOMEN 11+    |          |          |          |          | Heat:12, starttime: 14:38                                 |
|----------------------------------------------|----------|----------|----------|----------|-----------------------------------------------------------|
| Heat: 12/12 Lane : 8 Athlete: FATIH AYA      |          |          |          |          | Q-time: 00:59:81                                          |
| PB (25m pool): 00:59.81 Antwerpen 12/10/2025 |          |          |          |          | PB (50m pool): 01:00.94 SB: 00:59.81 Antwerpen 12/10/2025 |
|                                              | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                                           |
| PB                                           |          | 00:28.75 |          | 00:59.81 |                                                           |
|                                              | 00:28.75 |          | 00:31.06 |          |                                                           |
|                                              | .....    | .....    | .....    | .....    |                                                           |

Coach feedback:

| Event number: 4: 200M BREASTSTROKE MEN 11+       |           |           |                                       |           |           |           | Heat:1, starttime: 14:46 |           |
|--------------------------------------------------|-----------|-----------|---------------------------------------|-----------|-----------|-----------|--------------------------|-----------|
| Heat: 1/6    Lane : 3    Athlete: SNOECKX OLIVER |           |           |                                       |           |           |           | Q-time: 99:99:99         |           |
| PB (25m pool): no time                           |           |           | PB (50m pool): no time    SB: no time |           |           |           |                          |           |
|                                                  | 2 5 M     | 5 0 M     | 7 5 M                                 | 1 0 0     | 1 2 5     | 1 5 0     | 1 7 5                    | 2 0 0 M   |
| PB                                               |           | no time   |                                       | no time   |           | no time   |                          | no time   |
|                                                  | no time   |           |                                       |           |           |           |                          |           |
|                                                  | . . . . . | . . . . . | . . . . .                             | . . . . . | . . . . . | . . . . . | . . . . .                | . . . . . |

Coach feedback:

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| Event number: 4: 200M BREASTSTROKE MEN 11+   |           |           |                        |           |           |             | Heat:2, starttime: 14:51 |           |
|----------------------------------------------|-----------|-----------|------------------------|-----------|-----------|-------------|--------------------------|-----------|
| Heat: 2/6    Lane : 1    Athlete: GORIS FINN |           |           |                        |           |           |             | Q-time: 99:99:99         |           |
| PB (25m pool): no time                       |           |           | PB (50m pool): no time |           |           | SB: no time |                          |           |
|                                              | 2 5 M     | 5 0 M     | 7 5 M                  | 1 0 0     | 1 2 5     | 1 5 0       | 1 7 5                    | 2 0 0 M   |
| PB                                           |           | no time   |                        | no time   |           | no time     |                          | no time   |
|                                              | no time   |           |                        |           |           |             |                          |           |
|                                              | . . . . . | . . . . . | . . . . .              | . . . . . | . . . . . | . . . . .   | . . . . .                | . . . . . |

Coach feedback:

| Event number: 4: 200M BREASTSTROKE MEN 11+             |           |           |                                       |           |           |           | Heat:3, starttime: 14:55 |           |
|--------------------------------------------------------|-----------|-----------|---------------------------------------|-----------|-----------|-----------|--------------------------|-----------|
| Heat: 3/6    Lane : 3    Athlete: VAN CAMPFORT OLIVIER |           |           |                                       |           |           |           | Q-time: 03:56:66         |           |
| PB (25m pool): 03:56.66    Mol 29/12/2024              |           |           | PB (50m pool): no time    SB: no time |           |           |           |                          |           |
|                                                        | 2 5 M     | 5 0 M     | 7 5 M                                 | 1 0 0     | 1 2 5     | 1 5 0     | 1 7 5                    | 2 0 0 M   |
| PB                                                     |           | 00:51.44  |                                       | 01:51.39  |           | 02:53.78  |                          | 03:56.66  |
|                                                        | 00:51.44  |           | 00:59.95                              |           | 01:02.39  |           | 01:02.88                 |           |
|                                                        | . . . . . | . . . . . | . . . . .                             | . . . . . | . . . . . | . . . . . | . . . . .                | . . . . . |

Coach feedback:

| Event number: 4: 200M BREASTSTROKE MEN 11+       |           |           |                        |           |           |             | Heat:3, starttime: 14:55 |           |
|--------------------------------------------------|-----------|-----------|------------------------|-----------|-----------|-------------|--------------------------|-----------|
| Heat: 3/6    Lane : 7    Athlete: ROOSEN MATHIJS |           |           |                        |           |           |             | Q-time: 99:99:99         |           |
| PB (25m pool): no time                           |           |           | PB (50m pool): no time |           |           | SB: no time |                          |           |
|                                                  | 2 5 M     | 5 0 M     | 7 5 M                  | 1 0 0     | 1 2 5     | 1 5 0       | 1 7 5                    | 2 0 0 M   |
| PB                                               |           | no time   |                        | no time   |           | no time     |                          | no time   |
|                                                  | no time   |           |                        |           |           |             |                          |           |
|                                                  | . . . . . | . . . . . | . . . . .              | . . . . . | . . . . . | . . . . .   | . . . . .                | . . . . . |

Coach feedback:

| Event number: 4: 200M BREASTSTROKE MEN 11+         |           |           |                        |           |           |             | Heat:3, starttime: 14:55 |           |
|----------------------------------------------------|-----------|-----------|------------------------|-----------|-----------|-------------|--------------------------|-----------|
| Heat: 3/6    Lane : 8    Athlete: CARPENTIER THIBO |           |           |                        |           |           |             | Q-time: 99:99:99         |           |
| PB (25m pool): no time                             |           |           | PB (50m pool): no time |           |           | SB: no time |                          |           |
|                                                    | 2 5 M     | 5 0 M     | 7 5 M                  | 1 0 0     | 1 2 5     | 1 5 0       | 1 7 5                    | 2 0 0 M   |
| PB                                                 |           | no time   |                        | no time   |           | no time     |                          | no time   |
|                                                    | no time   |           |                        |           |           |             |                          |           |
|                                                    | . . . . . | . . . . . | . . . . .              | . . . . . | . . . . . | . . . . .   | . . . . .                | . . . . . |

Coach feedback:

Laatste kans Vita:
 Session: 1:
 COACH evaluation sheet for TEAM: BRABO

|                                                 |          |          |          |                                       |          |          |                          |          |
|-------------------------------------------------|----------|----------|----------|---------------------------------------|----------|----------|--------------------------|----------|
| Event number: 4: 200M BREASTSTROKE MEN 11+      |          |          |          |                                       |          |          | Heat:4, starttime: 15:00 |          |
| Heat: 4/6    Lane : 7    Athlete: MICHELS LINUS |          |          |          |                                       |          |          | Q-time: 03:18:89         |          |
| PB (25m pool): 03:18.89    Gent 23/02/2025      |          |          |          | PB (50m pool): no time    SB: no time |          |          |                          |          |
|                                                 | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0                                 | 1 2 5    | 1 5 0    | 1 7 5                    | 2 0 0 M  |
| PB                                              |          | 00:45.45 |          | 01:37.13                              |          | 02:28.87 |                          | 03:18.89 |
|                                                 | 00:45.45 |          | 00:51.68 |                                       | 00:51.74 |          | 00:50.02                 |          |
|                                                 | .....    | .....    | .....    | .....                                 | .....    | .....    | .....                    | .....    |

Coach feedback:

|                                                      |         |         |                                       |         |       |         |                          |         |
|------------------------------------------------------|---------|---------|---------------------------------------|---------|-------|---------|--------------------------|---------|
| Event number: 5: 200M BREASTSTROKE WOMEN 11+         |         |         |                                       |         |       |         | Heat:1, starttime: 15:10 |         |
| Heat: 1/5    Lane : 8    Athlete: CORNELIS MARJOLEIN |         |         |                                       |         |       |         | Q-time: 99:99:99         |         |
| PB (25m pool): no time                               |         |         | PB (50m pool): no time    SB: no time |         |       |         |                          |         |
|                                                      | 2 5 M   | 5 0 M   | 7 5 M                                 | 1 0 0   | 1 2 5 | 1 5 0   | 1 7 5                    | 2 0 0 M |
| PB                                                   |         | no time |                                       | no time |       | no time |                          | no time |
|                                                      | no time |         |                                       |         |       |         |                          |         |
|                                                      | .....   | .....   | .....                                 | .....   | ..... | .....   | .....                    | .....   |

Coach feedback:

|                                                     |           |  |           |  |                                       |  |           |  |  |                          |  |
|-----------------------------------------------------|-----------|--|-----------|--|---------------------------------------|--|-----------|--|--|--------------------------|--|
| Event number: 6: 100M MEDLEY MEN 11+                |           |  |           |  |                                       |  |           |  |  | Heat:1, starttime: 15:31 |  |
| Heat: 1/7    Lane : 5    Athlete: SNOECKX GUILLAUME |           |  |           |  |                                       |  |           |  |  | Q-time: 99:99:99         |  |
| PB (25m pool): no time                              |           |  |           |  | PB (50m pool): no time    SB: no time |  |           |  |  |                          |  |
|                                                     | 2 5 M     |  | 5 0 M     |  | 7 5 M                                 |  | 1 0 0 M   |  |  |                          |  |
| PB                                                  |           |  | no time   |  |                                       |  | no time   |  |  |                          |  |
|                                                     | no time   |  |           |  |                                       |  |           |  |  |                          |  |
|                                                     | . . . . . |  | . . . . . |  | . . . . .                             |  | . . . . . |  |  |                          |  |

Coach feedback:

|                                             |           |  |           |  |           |  |           |  |  |                                       |  |
|---------------------------------------------|-----------|--|-----------|--|-----------|--|-----------|--|--|---------------------------------------|--|
| Event number: 6: 100M MEDLEY MEN 11+        |           |  |           |  |           |  |           |  |  | Heat:3, starttime: 15:35              |  |
| Heat: 3/7    Lane : 8    Athlete: WENé FINN |           |  |           |  |           |  |           |  |  | Q-time: 01:19:99                      |  |
| PB (25m pool): 01:19.99    Mol 29/12/2024   |           |  |           |  |           |  |           |  |  | PB (50m pool): no time    SB: no time |  |
|                                             | 2 5 M     |  | 5 0 M     |  | 7 5 M     |  | 1 0 0 M   |  |  |                                       |  |
| PB                                          |           |  | 00:36.54  |  |           |  | 01:19.99  |  |  |                                       |  |
|                                             | 00:36.54  |  |           |  | 00:43.45  |  |           |  |  |                                       |  |
|                                             | . . . . . |  | . . . . . |  | . . . . . |  | . . . . . |  |  |                                       |  |

Coach feedback:

Laatste kans Vita: Session: 1: COACH evaluation sheet for TEAM: BRABO

| Event number: 6: 100M MEDLEY MEN 11+           |           |           |           |           | Heat:5, starttime: 15:38                                   |
|------------------------------------------------|-----------|-----------|-----------|-----------|------------------------------------------------------------|
| Heat: 5/7 Lane : 4 Athlete: PAZMANY ANDREAS    |           |           |           |           | Q-time: 01:09:78                                           |
| PB (25m pool): 01:09.78 Hoogstraten 28/09/2025 |           |           |           |           | PB (50m pool): no time SB: 01:09.78 Hoogstraten 28/09/2025 |
|                                                | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0 M   |                                                            |
| PB                                             |           | no time   |           | 01:09.78  |                                                            |
|                                                | no time   |           |           |           |                                                            |
|                                                | . . . . . | . . . . . | . . . . . | . . . . . |                                                            |

Coach feedback:

| Event number: 6: 100M MEDLEY MEN 11+           |                   |           |           |           | Heat:7, starttime: 15:42                                   |
|------------------------------------------------|-------------------|-----------|-----------|-----------|------------------------------------------------------------|
| Heat: 7/7 Lane : 2 Athlete: OPDENBERGH MERLIJN |                   |           |           |           | Q-time: 01:04:34                                           |
| PB (25m pool): 01:04.34 Herentals 17/05/2025   |                   |           |           |           | PB (50m pool): no time SB: 01:05.69 Hoogstraten 28/09/2025 |
|                                                | 2 5 M             | 5 0 M     | 7 5 M     | 1 0 0 M   |                                                            |
| PB                                             |                   | 00:29.24  |           | 01:04.34  |                                                            |
|                                                | 00:29.24 00:35.10 |           |           |           |                                                            |
|                                                | . . . . .         | . . . . . | . . . . . | . . . . . |                                                            |

Coach feedback:

| Event number: 6: 100M MEDLEY MEN 11+       |                   |           |           |           | Heat:7, starttime: 15:42                            |
|--------------------------------------------|-------------------|-----------|-----------|-----------|-----------------------------------------------------|
| Heat: 7/7 Lane : 4 Athlete: VERVLOET RUWEN |                   |           |           |           | Q-time: 01:00:22                                    |
| PB (25m pool): 01:00.22 Gent 09/11/2025    |                   |           |           |           | PB (50m pool): no time SB: 01:00.22 Gent 09/11/2025 |
|                                            | 2 5 M             | 5 0 M     | 7 5 M     | 1 0 0 M   |                                                     |
| PB                                         |                   | 00:27.37  |           | 01:00.22  |                                                     |
|                                            | 00:27.37 00:32.85 |           |           |           |                                                     |
|                                            | . . . . .         | . . . . . | . . . . . | . . . . . |                                                     |

Coach feedback:

| Event number: 7: 100M MEDLEY WOMEN 11+      |           |           |           |           | Heat:1, starttime: 15:43           |
|---------------------------------------------|-----------|-----------|-----------|-----------|------------------------------------|
| Heat: 1/9 Lane : 8 Athlete: METZEMAKERS LEA |           |           |           |           | Q-time: 99:99:99                   |
| PB (25m pool): no time                      |           |           |           |           | PB (50m pool): no time SB: no time |
|                                             | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0 M   |                                    |
| PB                                          |           | no time   |           | no time   |                                    |
|                                             | no time   |           |           |           |                                    |
|                                             | . . . . . | . . . . . | . . . . . | . . . . . |                                    |

Coach feedback:

Laatste kans Vita: Session: 1: COACH evaluation sheet for TEAM: BRABO

| Event number: 7: 100M MEDLEY WOMEN 11+ |           |           |           |           | Heat:2, starttime: 15:46           |
|----------------------------------------|-----------|-----------|-----------|-----------|------------------------------------|
| Heat: 2/9 Lane : 2 Athlete: GORIS ZITA |           |           |           |           | Q-time: 99:99:99                   |
| PB (25m pool): no time                 |           |           |           |           | PB (50m pool): no time SB: no time |
|                                        | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0 M   |                                    |
| PB                                     |           | no time   |           | no time   |                                    |
|                                        | no time   |           |           |           |                                    |
|                                        | . . . . . | . . . . . | . . . . . | . . . . . |                                    |

Coach feedback:

| Event number: 7: 100M MEDLEY WOMEN 11+                    |                   |           |           |           | Heat:4, starttime: 15:50           |
|-----------------------------------------------------------|-------------------|-----------|-----------|-----------|------------------------------------|
| Heat: 4/9 Lane : 5 Athlete: VAN REETH LISSE               |                   |           |           |           | Q-time: 01:24:19                   |
| PB (25m pool): 01:24.19 Stedelijk Zwembad Geel 16/02/2025 |                   |           |           |           | PB (50m pool): no time SB: no time |
|                                                           | 2 5 M             | 5 0 M     | 7 5 M     | 1 0 0 M   |                                    |
| PB                                                        |                   | 00:38.96  |           | 01:24.19  |                                    |
|                                                           | 00:38.96 00:45.23 |           |           |           |                                    |
|                                                           | . . . . .         | . . . . . | . . . . . | . . . . . |                                    |

Coach feedback:

| Event number: 7: 100M MEDLEY WOMEN 11+         |           |           |           |           | Heat:5, starttime: 15:52           |
|------------------------------------------------|-----------|-----------|-----------|-----------|------------------------------------|
| Heat: 5/9 Lane : 4 Athlete: VAN TENDELOO MARIE |           |           |           |           | Q-time: 01:19:41                   |
| PB (25m pool): 01:19.41 Zaventem 16/07/2024    |           |           |           |           | PB (50m pool): no time SB: no time |
|                                                | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0 M   |                                    |
| PB                                             |           | no time   |           | 01:19.41  |                                    |
|                                                | no time   |           |           |           |                                    |
|                                                | . . . . . | . . . . . | . . . . . | . . . . . |                                    |

Coach feedback:

| Event number: 7: 100M MEDLEY WOMEN 11+                    |                   |           |           |           | Heat:8, starttime: 15:57                                   |
|-----------------------------------------------------------|-------------------|-----------|-----------|-----------|------------------------------------------------------------|
| Heat: 8/9 Lane : 4 Athlete: LEPAGE AMÉLIE                 |                   |           |           |           | Q-time: 01:11:19                                           |
| PB (25m pool): 01:11.19 Stedelijk Zwembad Geel 16/02/2025 |                   |           |           |           | PB (50m pool): no time SB: 01:11.38 Hoogstraten 28/09/2025 |
|                                                           | 2 5 M             | 5 0 M     | 7 5 M     | 1 0 0 M   |                                                            |
| PB                                                        |                   | 00:33.35  |           | 01:11.19  |                                                            |
|                                                           | 00:33.35 00:37.84 |           |           |           |                                                            |
|                                                           | . . . . .         | . . . . . | . . . . . | . . . . . |                                                            |

Coach feedback:

# Laatste kans Vita: Session: 1: COACH evaluation sheet for TEAM: BRABO

| Event number: 7: 100M MEDLEY WOMEN 11+                                          |         |         |       |          | Heat:8, starttime: 15:57 |
|---------------------------------------------------------------------------------|---------|---------|-------|----------|--------------------------|
| Heat: 8/9 Lane : 8 Athlete: KUZNETCOVA SVETLANA                                 |         |         |       |          | Q-time: 01:13:61         |
| PB (25m pool): 01:13.02 De Sprink 23/12/2023 PB (50m pool): no time SB: no time |         |         |       |          |                          |
|                                                                                 | 2 5 M   | 5 0 M   | 7 5 M | 1 0 0 M  |                          |
| PB                                                                              |         | no time |       | 01:13.02 |                          |
|                                                                                 | no time |         |       |          |                          |
|                                                                                 | .....   | .....   | ..... | .....    |                          |

Coach feedback:

| Event number: 7: 100M MEDLEY WOMEN 11+                                                       |                   |          |       |          | Heat:9, starttime: 15:59 |
|----------------------------------------------------------------------------------------------|-------------------|----------|-------|----------|--------------------------|
| Heat: 9/9 Lane : 1 Athlete: STREEP FLO                                                       |                   |          |       |          | Q-time: 01:10:55         |
| PB (25m pool): 01:10.55 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): no time SB: no time |                   |          |       |          |                          |
|                                                                                              | 2 5 M             | 5 0 M    | 7 5 M | 1 0 0 M  |                          |
| PB                                                                                           |                   | 00:32.66 |       | 01:10.55 |                          |
|                                                                                              | 00:32.66 00:37.89 |          |       |          |                          |
|                                                                                              | .....             | .....    | ..... | .....    |                          |

Coach feedback:

| Event number: 7: 100M MEDLEY WOMEN 11+                                                                       |                   |          |       |          | Heat:9, starttime: 15:59 |
|--------------------------------------------------------------------------------------------------------------|-------------------|----------|-------|----------|--------------------------|
| Heat: 9/9 Lane : 2 Athlete: MAEREVOET MARIE                                                                  |                   |          |       |          | Q-time: 01:08:77         |
| PB (25m pool): 01:04.98 Gent(Sint-Amandsberg) 11/11/2024 PB (50m pool): no time SB: 01:08.77 Gent 09/11/2025 |                   |          |       |          |                          |
|                                                                                                              | 2 5 M             | 5 0 M    | 7 5 M | 1 0 0 M  |                          |
| PB                                                                                                           |                   | 00:30.53 |       | 01:04.98 |                          |
|                                                                                                              | 00:30.53 00:34.45 |          |       |          |                          |
|                                                                                                              | .....             | .....    | ..... | .....    |                          |

Coach feedback:

| Event number: 7: 100M MEDLEY WOMEN 11+                                                      |                   |          |       |          | Heat:9, starttime: 15:59 |
|---------------------------------------------------------------------------------------------|-------------------|----------|-------|----------|--------------------------|
| Heat: 9/9 Lane : 3 Athlete: FATIH AYA                                                       |                   |          |       |          | Q-time: 01:08:35         |
| PB (25m pool): 01:08.35 Gent 09/11/2025 PB (50m pool): no time SB: 01:08.35 Gent 09/11/2025 |                   |          |       |          |                          |
|                                                                                             | 2 5 M             | 5 0 M    | 7 5 M | 1 0 0 M  |                          |
| PB                                                                                          |                   | 00:32.51 |       | 01:08.35 |                          |
|                                                                                             | 00:32.51 00:35.84 |          |       |          |                          |
|                                                                                             | .....             | .....    | ..... | .....    |                          |

Coach feedback:

Laatste kans Vita:
 Session: 1:
 COACH evaluation sheet for TEAM: BRABO

|                                              |         |         |       |          |                                                         |
|----------------------------------------------|---------|---------|-------|----------|---------------------------------------------------------|
| Event number: 7: 100M MEDLEY WOMEN 11+       |         |         |       |          | Heat:9, starttime: 15:59                                |
| Heat: 9/9 Lane : 5 Athlete: RAVELINGIEN LANA |         |         |       |          | Q-time: 01:08:25                                        |
| PB (25m pool): 01:08.25 Kapellen 02/11/2025  |         |         |       |          | PB (50m pool): no time SB: 01:08.25 Kapellen 02/11/2025 |
|                                              | 2 5 M   | 5 0 M   | 7 5 M | 1 0 0 M  |                                                         |
| PB                                           |         | no time |       | 01:08.25 |                                                         |
|                                              | no time |         |       |          |                                                         |
|                                              | .....   | .....   | ..... | .....    |                                                         |

Coach feedback:

|                                              |          |          |          |          |                                                     |
|----------------------------------------------|----------|----------|----------|----------|-----------------------------------------------------|
| Event number: 7: 100M MEDLEY WOMEN 11+       |          |          |          |          | Heat:9, starttime: 15:59                            |
| Heat: 9/9 Lane : 6 Athlete: TEMMERMAN ELYNNE |          |          |          |          | Q-time: 01:08:37                                    |
| PB (25m pool): 01:08.37 Herentals 17/05/2025 |          |          |          |          | PB (50m pool): no time SB: 01:10.15 Gent 09/11/2025 |
|                                              | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                                     |
| PB                                           |          | 00:31.29 |          | 01:08.37 |                                                     |
|                                              | 00:31.29 |          | 00:37.08 |          |                                                     |
|                                              | .....    | .....    | .....    | .....    |                                                     |

Coach feedback:

|                                          |         |         |       |          |                                                         |
|------------------------------------------|---------|---------|-------|----------|---------------------------------------------------------|
| Event number: 7: 100M MEDLEY WOMEN 11+   |         |         |       |          | Heat:9, starttime: 15:59                                |
| Heat: 9/9 Lane : 7 Athlete: HEIJL OLIVIA |         |         |       |          | Q-time: 01:10:15                                        |
| PB (25m pool): 01:10.15 Eeklo 01/04/2024 |         |         |       |          | PB (50m pool): no time SB: 01:11.43 Kapellen 02/11/2025 |
|                                          | 2 5 M   | 5 0 M   | 7 5 M | 1 0 0 M  |                                                         |
| PB                                       |         | no time |       | 01:10.15 |                                                         |
|                                          | no time |         |       |          |                                                         |
|                                          | .....   | .....   | ..... | .....    |                                                         |

Coach feedback:

| Event number: 8: 200M BUTTERFLY MEN 11+                 |         |         |       |         |       |         | Heat:1, starttime: 16:00            |          |
|---------------------------------------------------------|---------|---------|-------|---------|-------|---------|-------------------------------------|----------|
| Heat: 1/3    Lane : 3    Athlete: VAN HOOYDONCK VINCENT |         |         |       |         |       |         | Q-time: 99:99:99                    |          |
| PB (25m pool): 02:31.67    Antwerpen 25/07/2021         |         |         |       |         |       |         | PB (50m pool): 02:30.65 SB: no time |          |
|                                                         | 2 5 M   | 5 0 M   | 7 5 M | 1 0 0   | 1 2 5 | 1 5 0   | 1 7 5                               | 2 0 0 M  |
| PB                                                      |         | no time |       | no time |       | no time |                                     | 02:31.67 |
|                                                         | no time |         |       |         |       |         |                                     |          |
|                                                         | .....   | .....   | ..... | .....   | ..... | .....   | .....                               | .....    |

Coach feedback:

Laatste kans Vita:
 Session: 1:
 COACH evaluation sheet for TEAM: BRABO

|                                                          |         |         |                                     |         |       |         |                          |         |
|----------------------------------------------------------|---------|---------|-------------------------------------|---------|-------|---------|--------------------------|---------|
| Event number: 8: 200M BUTTERFLY MEN 11+                  |         |         |                                     |         |       |         | Heat:1, starttime: 16:00 |         |
| Heat: 1/3    Lane : 5    Athlete: LAVDANITI ZHULIAN XHOI |         |         |                                     |         |       |         | Q-time: 99:99:99         |         |
| PB (25m pool): no time                                   |         |         | PB (50m pool): 02:21.71 SB: no time |         |       |         |                          |         |
|                                                          | 2 5 M   | 5 0 M   | 7 5 M                               | 1 0 0   | 1 2 5 | 1 5 0   | 1 7 5                    | 2 0 0 M |
| PB                                                       |         | no time |                                     | no time |       | no time |                          | no time |
|                                                          | no time |         |                                     |         |       |         |                          |         |
|                                                          | .....   | .....   | .....                               | .....   | ..... | .....   | .....                    | .....   |

Coach feedback:

|                                                           |         |         |       |                                       |       |         |                          |          |
|-----------------------------------------------------------|---------|---------|-------|---------------------------------------|-------|---------|--------------------------|----------|
| Event number: 8: 200M BUTTERFLY MEN 11+                   |         |         |       |                                       |       |         | Heat:2, starttime: 16:04 |          |
| Heat: 2/3    Lane : 5    Athlete: DA SILVA CAMARATE SHAWN |         |         |       |                                       |       |         | Q-time: 03:05:74         |          |
| PB (25m pool): 03:05.74    Lokeren 29/09/2024             |         |         |       | PB (50m pool): no time    SB: no time |       |         |                          |          |
|                                                           | 2 5 M   | 5 0 M   | 7 5 M | 1 0 0                                 | 1 2 5 | 1 5 0   | 1 7 5                    | 2 0 0 M  |
| PB                                                        |         | no time |       | no time                               |       | no time |                          | 03:05.74 |
|                                                           | no time |         |       |                                       |       |         |                          |          |
|                                                           | .....   | .....   | ..... | .....                                 | ..... | .....   | .....                    | .....    |

Coach feedback:

|                                                   |         |         |                                       |         |       |         |                          |         |
|---------------------------------------------------|---------|---------|---------------------------------------|---------|-------|---------|--------------------------|---------|
| Event number: 8: 200M BUTTERFLY MEN 11+           |         |         |                                       |         |       |         | Heat:2, starttime: 16:04 |         |
| Heat: 2/3    Lane : 8    Athlete: METZEMAKERS NOA |         |         |                                       |         |       |         | Q-time: 99:99:99         |         |
| PB (25m pool): no time                            |         |         | PB (50m pool): no time    SB: no time |         |       |         |                          |         |
|                                                   | 2 5 M   | 5 0 M   | 7 5 M                                 | 1 0 0   | 1 2 5 | 1 5 0   | 1 7 5                    | 2 0 0 M |
| PB                                                |         | no time |                                       | no time |       | no time |                          | no time |
|                                                   | no time |         |                                       |         |       |         |                          |         |
|                                                   | .....   | .....   | .....                                 | .....   | ..... | .....   | .....                    | .....   |

Coach feedback:

|                                               |           |           |           |                                                          |           |           |                          |           |
|-----------------------------------------------|-----------|-----------|-----------|----------------------------------------------------------|-----------|-----------|--------------------------|-----------|
| Event number: 8: 200M BUTTERFLY MEN 11+       |           |           |           |                                                          |           |           | Heat:3, starttime: 16:08 |           |
| Heat: 3/3    Lane : 3    Athlete: SZABO PETER |           |           |           |                                                          |           |           | Q-time: 02:10:77         |           |
| PB (25m pool): 02:10.77    Temse 17/11/2025   |           |           |           | PB (50m pool): 02:17.05 SB: 02:10.77    Temse 17/11/2025 |           |           |                          |           |
|                                               | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0                                                    | 1 2 5     | 1 5 0     | 1 7 5                    | 2 0 0 M   |
| PB                                            |           | 00:28.72  |           | 01:01.75                                                 |           | 01:36.43  |                          | 02:10.77  |
|                                               | 00:28.72  |           | 00:33.03  |                                                          | 00:34.68  |           | 00:34.34                 |           |
|                                               | . . . . . | . . . . . | . . . . . | . . . . .                                                | . . . . . | . . . . . | . . . . .                | . . . . . |

Coach feedback:

Laatste kans Vita:
 Session: 1:
 COACH evaluation sheet for TEAM: BRABO

|                                                                                                  |          |          |          |          |          |          |                          |          |
|--------------------------------------------------------------------------------------------------|----------|----------|----------|----------|----------|----------|--------------------------|----------|
| Event number: 8: 200M BUTTERFLY MEN 11+                                                          |          |          |          |          |          |          | Heat:3, starttime: 16:08 |          |
| Heat: 3/3   Lane : 4   Athlete: DE MEYER NIELS                                                   |          |          |          |          |          |          | Q-time: 02:06:58         |          |
| PB (25m pool): 02:06.58   Gent(Sint-Amandsberg) 11/11/2024   PB (50m pool): 02:06.47 SB: no time |          |          |          |          |          |          |                          |          |
|                                                                                                  | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0    | 1 2 5    | 1 5 0    | 1 7 5                    | 2 0 0 M  |
| PB                                                                                               |          | 00:27.89 |          | 01:00.05 |          | 01:33.20 |                          | 02:06.58 |
|                                                                                                  | 00:27.89 |          | 00:32.16 |          | 00:33.15 |          | 00:33.38                 |          |
|                                                                                                  | .....    | .....    | .....    | .....    | .....    | .....    | .....                    | .....    |

Coach feedback:

|                                              |         |         |                                       |         |       |         |                          |         |
|----------------------------------------------|---------|---------|---------------------------------------|---------|-------|---------|--------------------------|---------|
| Event number: 8: 200M BUTTERFLY MEN 11+      |         |         |                                       |         |       |         | Heat:3, starttime: 16:08 |         |
| Heat: 3/3    Lane : 5    Athlete: KINDT LEVI |         |         |                                       |         |       |         | Q-time: 02:09:28         |         |
| PB (25m pool): no time                       |         |         | PB (50m pool): no time    SB: no time |         |       |         |                          |         |
|                                              | 2 5 M   | 5 0 M   | 7 5 M                                 | 1 0 0   | 1 2 5 | 1 5 0   | 1 7 5                    | 2 0 0 M |
| PB                                           |         | no time |                                       | no time |       | no time |                          | no time |
|                                              | no time |         |                                       |         |       |         |                          |         |
|                                              | .....   | .....   | .....                                 | .....   | ..... | .....   | .....                    | .....   |

Coach feedback:

|                                                 |         |         |                                       |         |       |         |                          |         |
|-------------------------------------------------|---------|---------|---------------------------------------|---------|-------|---------|--------------------------|---------|
| Event number: 9: 200M BUTTERFLY WOMEN 11+       |         |         |                                       |         |       |         | Heat:1, starttime: 16:12 |         |
| Heat: 1/2    Lane : 3    Athlete: BALAJI YOUSRA |         |         |                                       |         |       |         | Q-time: 99:99:99         |         |
| PB (25m pool): no time                          |         |         | PB (50m pool): no time    SB: no time |         |       |         |                          |         |
|                                                 | 2 5 M   | 5 0 M   | 7 5 M                                 | 1 0 0   | 1 2 5 | 1 5 0   | 1 7 5                    | 2 0 0 M |
| PB                                              |         | no time |                                       | no time |       | no time |                          | no time |
|                                                 | no time |         |                                       |         |       |         |                          |         |
|                                                 | .....   | .....   | .....                                 | .....   | ..... | .....   | .....                    | .....   |

Coach feedback:

|                                                                                                              |         |         |       |         |       |         |                          |          |
|--------------------------------------------------------------------------------------------------------------|---------|---------|-------|---------|-------|---------|--------------------------|----------|
| Event number: 9: 200M BUTTERFLY WOMEN 11+                                                                    |         |         |       |         |       |         | Heat:2, starttime: 16:15 |          |
| Heat: 2/2    Lane : 4    Athlete: BROECKAERT NOOR                                                            |         |         |       |         |       |         | Q-time: 02:28:81         |          |
| PB (25m pool): 02:28.81    Gemeentelijk Zwembad Kapellen 29/05/2024    PB (50m pool): no time    SB: no time |         |         |       |         |       |         |                          |          |
|                                                                                                              | 2 5 M   | 5 0 M   | 7 5 M | 1 0 0   | 1 2 5 | 1 5 0   | 1 7 5                    | 2 0 0 M  |
| PB                                                                                                           |         | no time |       | no time |       | no time |                          | 02:28.81 |
|                                                                                                              | no time |         |       |         |       |         |                          |          |
|                                                                                                              | .....   | .....   | ..... | .....   | ..... | .....   | .....                    | .....    |

Coach feedback:

Laatste kans Vita: Session: 1: COACH evaluation sheet for TEAM: BRABO

| Event number: 11: 100M BACKSTROKE MEN 11+  |           |           |           |           | Heat:1, starttime: 16:25                               |
|--------------------------------------------|-----------|-----------|-----------|-----------|--------------------------------------------------------|
| Heat: 1/9 Lane : 4 Athlete: SNOECKX OLIVER |           |           |           |           | Q-time: 01:34:77                                       |
| PB (25m pool): 01:34.77 Nijlen 16/11/2025  |           |           |           |           | PB (50m pool): 01:42.64 SB: 01:34.77 Nijlen 16/11/2025 |
|                                            | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0 M   |                                                        |
| PB                                         |           | 00:46.33  |           | 01:34.77  |                                                        |
|                                            | 00:46.33  |           | 00:48.44  |           |                                                        |
|                                            | . . . . . | . . . . . | . . . . . | . . . . . |                                                        |

Coach feedback:

| Event number: 11: 100M BACKSTROKE MEN 11+ |           |           |           |           | Heat:2, starttime: 16:27                               |
|-------------------------------------------|-----------|-----------|-----------|-----------|--------------------------------------------------------|
| Heat: 2/9 Lane : 1 Athlete: GORIS FINN    |           |           |           |           | Q-time: 01:31:52                                       |
| PB (25m pool): 01:31.52 Nijlen 16/11/2025 |           |           |           |           | PB (50m pool): 01:40.98 SB: 01:31.52 Nijlen 16/11/2025 |
|                                           | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0 M   |                                                        |
| PB                                        |           | 00:45.27  |           | 01:31.52  |                                                        |
|                                           | 00:45.27  |           | 00:46.25  |           |                                                        |
|                                           | . . . . . | . . . . . | . . . . . | . . . . . |                                                        |

Coach feedback:

| Event number: 11: 100M BACKSTROKE MEN 11+    |           |           |           |           | Heat:2, starttime: 16:27                               |
|----------------------------------------------|-----------|-----------|-----------|-----------|--------------------------------------------------------|
| Heat: 2/9 Lane : 3 Athlete: CARPENTIER THIBO |           |           |           |           | Q-time: 01:29:27                                       |
| PB (25m pool): 01:29.27 Nijlen 16/11/2025    |           |           |           |           | PB (50m pool): 01:43.50 SB: 01:29.27 Nijlen 16/11/2025 |
|                                              | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0 M   |                                                        |
| PB                                           |           | 00:44.51  |           | 01:29.27  |                                                        |
|                                              | 00:44.51  |           | 00:44.76  |           |                                                        |
|                                              | . . . . . | . . . . . | . . . . . | . . . . . |                                                        |

Coach feedback:

| Event number: 11: 100M BACKSTROKE MEN 11+  |           |           |           |           | Heat:2, starttime: 16:27                              |
|--------------------------------------------|-----------|-----------|-----------|-----------|-------------------------------------------------------|
| Heat: 2/9 Lane : 7 Athlete: ROOSEN MATHIJS |           |           |           |           | Q-time: 01:30:88                                      |
| PB (25m pool): 01:30.88 Temse 17/11/2025   |           |           |           |           | PB (50m pool): 01:34.56 SB: 01:30.88 Temse 17/11/2025 |
|                                            | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0 M   |                                                       |
| PB                                         |           | 00:44.87  |           | 01:30.88  |                                                       |
|                                            | 00:44.87  |           | 00:46.01  |           |                                                       |
|                                            | . . . . . | . . . . . | . . . . . | . . . . . |                                                       |

Coach feedback:

Laatste kans Vita: Session: 1: COACH evaluation sheet for TEAM: BRABO

| Event number: 11: 100M BACKSTROKE MEN 11+        |           |           |           |           | Heat:3, starttime: 16:30                              |
|--------------------------------------------------|-----------|-----------|-----------|-----------|-------------------------------------------------------|
| Heat: 3/9 Lane : 5 Athlete: VAN CAMPFORT OLIVIER |           |           |           |           | Q-time: 01:23:27                                      |
| PB (25m pool): 01:23.27 Temse 17/11/2025         |           |           |           |           | PB (50m pool): 01:31.41 SB: 01:23.27 Temse 17/11/2025 |
|                                                  | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0 M   |                                                       |
| PB                                               |           | 00:40.09  |           | 01:23.27  |                                                       |
|                                                  | 00:40.09  |           | 00:43.18  |           |                                                       |
|                                                  | . . . . . | . . . . . | . . . . . | . . . . . |                                                       |

Coach feedback:

| Event number: 11: 100M BACKSTROKE MEN 11+     |           |           |           |           | Heat:4, starttime: 16:32            |
|-----------------------------------------------|-----------|-----------|-----------|-----------|-------------------------------------|
| Heat: 4/9 Lane : 3 Athlete: SNOECKX GUILLAUME |           |           |           |           | Q-time: 01:20:72                    |
| PB (25m pool): 01:20.72 Herentals 17/05/2025  |           |           |           |           | PB (50m pool): 01:20.85 SB: no time |
|                                               | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0 M   |                                     |
| PB                                            |           | 00:38.97  |           | 01:20.72  |                                     |
|                                               | 00:38.97  |           | 00:41.75  |           |                                     |
|                                               | . . . . . | . . . . . | . . . . . | . . . . . |                                     |

Coach feedback:

| Event number: 11: 100M BACKSTROKE MEN 11+ |           |           |           |           | Heat:5, starttime: 16:34                               |
|-------------------------------------------|-----------|-----------|-----------|-----------|--------------------------------------------------------|
| Heat: 5/9 Lane : 2 Athlete: JAMMAER TIJL  |           |           |           |           | Q-time: 01:18:14                                       |
| PB (25m pool): 01:18.14 Nijlen 16/11/2025 |           |           |           |           | PB (50m pool): 01:24.98 SB: 01:18.14 Nijlen 16/11/2025 |
|                                           | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0 M   |                                                        |
| PB                                        |           | 00:37.50  |           | 01:18.14  |                                                        |
|                                           | 00:37.50  |           | 00:40.64  |           |                                                        |
|                                           | . . . . . | . . . . . | . . . . . | . . . . . |                                                        |

Coach feedback:

| Event number: 11: 100M BACKSTROKE MEN 11+      |           |           |           |           | Heat:7, starttime: 16:38            |
|------------------------------------------------|-----------|-----------|-----------|-----------|-------------------------------------|
| Heat: 7/9 Lane : 6 Athlete: OPDENBERGH MERLIJN |           |           |           |           | Q-time: 01:10:15                    |
| PB (25m pool): 01:10.15 Kapellen 02/06/2024    |           |           |           |           | PB (50m pool): 01:14.92 SB: no time |
|                                                | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0 M   |                                     |
| PB                                             |           | no time   |           | 01:10.15  |                                     |
|                                                | no time   |           |           |           |                                     |
|                                                | . . . . . | . . . . . | . . . . . | . . . . . |                                     |

Coach feedback:

Laatste kans Vita:
 Session: 1:
 COACH evaluation sheet for TEAM: BRABO

|                                                                                                                  |          |          |          |          |                          |
|------------------------------------------------------------------------------------------------------------------|----------|----------|----------|----------|--------------------------|
| Event number: 11: 100M BACKSTROKE MEN 11+                                                                        |          |          |          |          | Heat:8, starttime: 16:40 |
| Heat: 8/9 Lane : 3 Athlete: LAMPO OLIVIER                                                                        |          |          |          |          | Q-time: 01:05:35         |
| PB (25m pool): 01:05.35 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): 01:08.32 SB: 01:07.01 Nijlen 16/11/2025 |          |          |          |          |                          |
|                                                                                                                  | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                          |
| PB                                                                                                               |          | 00:31.74 |          | 01:05.35 |                          |
|                                                                                                                  | 00:31.74 |          | 00:33.61 |          |                          |
|                                                                                                                  | .....    | .....    | .....    | .....    |                          |

Coach feedback:

|                                                                                                  |          |          |          |          |                          |
|--------------------------------------------------------------------------------------------------|----------|----------|----------|----------|--------------------------|
| Event number: 11: 100M BACKSTROKE MEN 11+                                                        |          |          |          |          | Heat:9, starttime: 16:42 |
| Heat: 9/9 Lane : 3 Athlete: VOLDERS ARNE                                                         |          |          |          |          | Q-time: 00:56:31         |
| PB (25m pool): 00:56.31 Nijlen 16/11/2025 PB (50m pool): 00:59.01 SB: 00:56.31 Nijlen 16/11/2025 |          |          |          |          |                          |
|                                                                                                  | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                          |
| PB                                                                                               |          | 00:26.95 |          | 00:56.31 |                          |
|                                                                                                  | 00:26.95 |          | 00:29.36 |          |                          |
|                                                                                                  | .....    | .....    | .....    | .....    |                          |

Coach feedback:

|                                                                                                               |          |          |          |          |                          |
|---------------------------------------------------------------------------------------------------------------|----------|----------|----------|----------|--------------------------|
| Event number: 11: 100M BACKSTROKE MEN 11+                                                                     |          |          |          |          | Heat:9, starttime: 16:42 |
| Heat: 9/9 Lane : 5 Athlete: LAVDANITI ZHULIAN XHOI                                                            |          |          |          |          | Q-time: 00:55:56         |
| PB (25m pool): 00:56.24 Gent(Sint-Amandsberg) 11/11/2024 PB (50m pool): 00:57.55 SB: 00:56.44 Gent 09/11/2025 |          |          |          |          |                          |
|                                                                                                               | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                          |
| PB                                                                                                            |          | 00:27.40 |          | 00:56.24 |                          |
|                                                                                                               | 00:27.40 |          | 00:28.84 |          |                          |
|                                                                                                               | .....    | .....    | .....    | .....    |                          |

Coach feedback:

|                                                                                                  |          |          |          |          |                          |
|--------------------------------------------------------------------------------------------------|----------|----------|----------|----------|--------------------------|
| Event number: 12: 100M BACKSTROKE WOMEN 11+                                                      |          |          |          |          | Heat:3, starttime: 16:49 |
| Heat: 3/11 Lane : 4 Athlete: CORNELIS MARJOLEIN                                                  |          |          |          |          | Q-time: 01:32:32         |
| PB (25m pool): 01:32.32 Nijlen 16/11/2025 PB (50m pool): 01:41.48 SB: 01:32.32 Nijlen 16/11/2025 |          |          |          |          |                          |
|                                                                                                  | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                          |
| PB                                                                                               |          | 00:45.10 |          | 01:32.32 |                          |
|                                                                                                  | 00:45.10 |          | 00:47.22 |          |                          |
|                                                                                                  | .....    | .....    | .....    | .....    |                          |

Coach feedback:

Laatste kans Vita:
 Session: 1:
 COACH evaluation sheet for TEAM: BRABO

|                                             |          |          |          |          |                                                        |
|---------------------------------------------|----------|----------|----------|----------|--------------------------------------------------------|
| Event number: 12: 100M BACKSTROKE WOMEN 11+ |          |          |          |          | Heat:5, starttime: 16:53                               |
| Heat: 5/11 Lane : 2 Athlete: GORIS ZITA     |          |          |          |          | Q-time: 01:27:74                                       |
| PB (25m pool): 01:27.74 Nijlen 16/11/2025   |          |          |          |          | PB (50m pool): 01:30.24 SB: 01:27.74 Nijlen 16/11/2025 |
|                                             | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                                        |
| PB                                          |          | 00:42.32 |          | 01:27.74 |                                                        |
|                                             | 00:42.32 |          | 00:45.42 |          |                                                        |
|                                             | .....    | .....    | .....    | .....    |                                                        |

Coach feedback:

|                                                |          |          |          |          |                                                        |
|------------------------------------------------|----------|----------|----------|----------|--------------------------------------------------------|
| Event number: 12: 100M BACKSTROKE WOMEN 11+    |          |          |          |          | Heat:8, starttime: 17:00                               |
| Heat: 8/11 Lane : 2 Athlete: HOUVENAGHEL ELIEN |          |          |          |          | Q-time: 01:17:00                                       |
| PB (25m pool): 01:17.00 Nijlen 16/11/2025      |          |          |          |          | PB (50m pool): 01:20.45 SB: 01:17.00 Nijlen 16/11/2025 |
|                                                | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                                        |
| PB                                             |          | 00:36.75 |          | 01:17.00 |                                                        |
|                                                | 00:36.75 |          | 00:40.25 |          |                                                        |
|                                                | .....    | .....    | .....    | .....    |                                                        |

Coach feedback:

|                                             |          |          |          |          |                                     |
|---------------------------------------------|----------|----------|----------|----------|-------------------------------------|
| Event number: 12: 100M BACKSTROKE WOMEN 11+ |          |          |          |          | Heat:9, starttime: 17:02            |
| Heat: 9/11 Lane : 1 Athlete: FATIH AYA      |          |          |          |          | Q-time: 01:14:61                    |
| PB (25m pool): 01:14.61 Temse 22/12/2024    |          |          |          |          | PB (50m pool): 01:16.96 SB: no time |
|                                             | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                     |
| PB                                          |          | 00:36.42 |          | 01:14.61 |                                     |
|                                             | 00:36.42 |          | 00:38.19 |          |                                     |
|                                             | .....    | .....    | .....    | .....    |                                     |

Coach feedback:

|                                                 |          |          |          |          |                                                           |
|-------------------------------------------------|----------|----------|----------|----------|-----------------------------------------------------------|
| Event number: 12: 100M BACKSTROKE WOMEN 11+     |          |          |          |          | Heat:9, starttime: 17:02                                  |
| Heat: 9/11 Lane : 6 Athlete: VAN TENDELOO MARIE |          |          |          |          | Q-time: 01:14:14                                          |
| PB (25m pool): 01:14.14 Antwerpen 12/10/2025    |          |          |          |          | PB (50m pool): 01:16.56 SB: 01:14.14 Antwerpen 12/10/2025 |
|                                                 | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                                           |
| PB                                              |          | 00:35.69 |          | 01:14.14 |                                                           |
|                                                 | 00:35.69 |          | 00:38.45 |          |                                                           |
|                                                 | .....    | .....    | .....    | .....    |                                                           |

Coach feedback:

Laatste kans Vita:
 Session: 1:
 COACH evaluation sheet for TEAM: BRABO

|                                                                                                                     |          |          |          |          |                           |
|---------------------------------------------------------------------------------------------------------------------|----------|----------|----------|----------|---------------------------|
| Event number: 12: 100M BACKSTROKE WOMEN 11+                                                                         |          |          |          |          | Heat:10, starttime: 17:04 |
| Heat: 10/11 Lane : 1 Athlete: STREEP FLO                                                                            |          |          |          |          | Q-time: 01:11:90          |
| PB (25m pool): 01:11.90 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): 01:15.78SB: 01:13.25 Aartselaar 01/11/2025 |          |          |          |          |                           |
|                                                                                                                     | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                           |
| PB                                                                                                                  |          | 00:33.98 |          | 01:11.90 |                           |
|                                                                                                                     | 00:33.98 |          | 00:37.92 |          |                           |
|                                                                                                                     | .....    | .....    | .....    | .....    |                           |

Coach feedback:

|                                                                                                    |         |         |       |          |                           |
|----------------------------------------------------------------------------------------------------|---------|---------|-------|----------|---------------------------|
| Event number: 12: 100M BACKSTROKE WOMEN 11+                                                        |         |         |       |          | Heat:10, starttime: 17:04 |
| Heat: 10/11 Lane : 3 Athlete: KUZNETCOVA SVETLANA                                                  |         |         |       |          | Q-time: 01:09:04          |
| PB (25m pool): 01:08.76 Nijlen 20/11/2022 PB (50m pool): 01:11.23SB: 01:11.56 Antwerpen 12/10/2025 |         |         |       |          |                           |
|                                                                                                    | 2 5 M   | 5 0 M   | 7 5 M | 1 0 0 M  |                           |
| PB                                                                                                 |         | no time |       | 01:08.76 |                           |
|                                                                                                    | no time |         |       |          |                           |
|                                                                                                    | .....   | .....   | ..... | .....    |                           |

Coach feedback:

|                                                                                             |          |          |          |          |                           |
|---------------------------------------------------------------------------------------------|----------|----------|----------|----------|---------------------------|
| Event number: 12: 100M BACKSTROKE WOMEN 11+                                                 |          |          |          |          | Heat:11, starttime: 17:06 |
| Heat: 11/11 Lane : 4 Athlete: HEIJL OLIVIA                                                  |          |          |          |          | Q-time: 01:03:59          |
| PB (25m pool): 01:03.59 Gent 09/11/2025 PB (50m pool): 01:05.58SB: 01:03.59 Gent 09/11/2025 |          |          |          |          |                           |
|                                                                                             | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                           |
| PB                                                                                          |          | 00:31.00 |          | 01:03.59 |                           |
|                                                                                             | 00:31.00 |          | 00:32.59 |          |                           |
|                                                                                             | .....    | .....    | .....    | .....    |                           |

Coach feedback:

|                                                                                                               |          |          |          |          |                           |
|---------------------------------------------------------------------------------------------------------------|----------|----------|----------|----------|---------------------------|
| Event number: 12: 100M BACKSTROKE WOMEN 11+                                                                   |          |          |          |          | Heat:11, starttime: 17:06 |
| Heat: 11/11 Lane : 5 Athlete: METZEMAKERS LEA                                                                 |          |          |          |          | Q-time: 01:03:72          |
| PB (25m pool): 01:03.72 Gent(Sint-Amandsberg) 11/11/2024 PB (50m pool): 01:06.90SB: 01:04.74 TEMSE 23/11/2025 |          |          |          |          |                           |
|                                                                                                               | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                           |
| PB                                                                                                            |          | 00:31.06 |          | 01:03.72 |                           |
|                                                                                                               | 00:31.06 |          | 00:32.66 |          |                           |
|                                                                                                               | .....    | .....    | .....    | .....    |                           |

Coach feedback:

Laatste kans Vita: Session: 1: COACH evaluation sheet for TEAM: BRABO

| Event number: 13: 400M MEDLEY MEN 11+                  |         |         |                                     |         |         |         | Heat:1, starttime: 17:07 |         |
|--------------------------------------------------------|---------|---------|-------------------------------------|---------|---------|---------|--------------------------|---------|
| Heat: 1/2    Lane : 4    Athlete: VAN CAMPFORT NICOLAS |         |         |                                     |         |         |         | Q-time: 05:35:06         |         |
| PB (25m pool): no time                                 |         |         | PB (50m pool): 05:35.06 SB: no time |         |         |         |                          |         |
|                                                        | 2 5 M   | 5 0 M   | 7 5 M                               | 1 0 0 M | 1 2 5 M | 1 5 0 M | 1 7 5 M                  | 2 0 0 M |
| PB                                                     |         | no time |                                     | no time |         | no time |                          | no time |
|                                                        | no time |         |                                     |         |         |         |                          |         |
|                                                        | .....   | .....   | .....                               | .....   | .....   | .....   | .....                    | .....   |
|                                                        | 2 2 5 M | 2 5 0 M | 2 7 5 M                             | 3 0 0   | 3 2 5   | 3 5 0   | 3 7 5                    | 4 0 0 M |
| PB                                                     |         | no time |                                     | no time |         | no time |                          | no time |
|                                                        |         |         |                                     |         |         |         |                          |         |
|                                                        | .....   | .....   | .....                               | .....   | .....   | .....   | .....                    | .....   |

Coach feedback:

| Event number: 13: 400M MEDLEY MEN 11+                                                              |          |          |          |          |          |          | Heat:2, starttime: 17:14 |          |
|----------------------------------------------------------------------------------------------------|----------|----------|----------|----------|----------|----------|--------------------------|----------|
| Heat: 2/2    Lane : 5    Athlete: VOLDERS ARNE                                                     |          |          |          |          |          |          | Q-time: 04:52:70         |          |
| PB (25m pool): 04:52.70    Gent(Sint-Amandsberg) 11/11/2024    PB (50m pool): 04:58.27 SB: no time |          |          |          |          |          |          |                          |          |
|                                                                                                    | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  | 1 2 5 M  | 1 5 0 M  | 1 7 5 M                  | 2 0 0 M  |
| PB                                                                                                 |          | 00:29.38 |          | 01:05.82 |          | 01:43.65 |                          | 02:20.76 |
|                                                                                                    | 00:29.38 |          | 00:36.44 |          | 00:37.83 |          | 00:37.11                 |          |
|                                                                                                    | .....    | .....    | .....    | .....    | .....    | .....    | .....                    | .....    |
|                                                                                                    | 2 2 5 M  | 2 5 0 M  | 2 7 5 M  | 3 0 0    | 3 2 5    | 3 5 0    | 3 7 5                    | 4 0 0 M  |
| PB                                                                                                 |          | 03:03.07 |          | 03:47.06 |          | 04:20.50 |                          | 04:52.70 |
|                                                                                                    | 00:42.31 |          | 00:43.99 |          | 00:33.44 |          | 00:32.20                 |          |
|                                                                                                    | .....    | .....    | .....    | .....    | .....    | .....    | .....                    | .....    |

Coach feedback:

| Event number: 14: 400M MEDLEY WOMEN 11+                                                            |          |          |          |          |          |          | Heat:2, starttime: 17:28 |          |
|----------------------------------------------------------------------------------------------------|----------|----------|----------|----------|----------|----------|--------------------------|----------|
| Heat: 2/2    Lane : 2    Athlete: TEMMERMAN ELYNNE                                                 |          |          |          |          |          |          | Q-time: 05:28:58         |          |
| PB (25m pool): 05:28.58    Gent(Sint-Amandsberg) 11/11/2024    PB (50m pool): 05:23.43 SB: no time |          |          |          |          |          |          |                          |          |
|                                                                                                    | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  | 1 2 5 M  | 1 5 0 M  | 1 7 5 M                  | 2 0 0 M  |
| PB                                                                                                 |          | 00:33.88 |          | 01:16.11 |          | 01:58.38 |                          | 02:39.47 |
|                                                                                                    | 00:33.88 |          | 00:42.23 |          | 00:42.27 |          | 00:41.09                 |          |
|                                                                                                    | .....    | .....    | .....    | .....    | .....    | .....    | .....                    | .....    |
|                                                                                                    | 2 2 5 M  | 2 5 0 M  | 2 7 5 M  | 3 0 0    | 3 2 5    | 3 5 0    | 3 7 5                    | 4 0 0 M  |
| PB                                                                                                 |          | 03:25.92 |          | 04:14.51 |          | 04:52.25 |                          | 05:28.58 |
|                                                                                                    | 00:46.45 |          | 00:48.59 |          | 00:37.74 |          | 00:36.33                 |          |
|                                                                                                    | .....    | .....    | .....    | .....    | .....    | .....    | .....                    | .....    |

Coach feedback:

Laatste kans Vita: Session: 1: COACH evaluation sheet for TEAM: BRABO

| Event number: 15: 4x50M MEDLEY MEN 11+         |       |       |                |       |       |       | Heat:1, starttime: 17:39 |         |
|------------------------------------------------|-------|-------|----------------|-------|-------|-------|--------------------------|---------|
| Heat: 1/3    Lane : 5    Athlete: TEAM BRABO 5 |       |       |                |       |       |       | Q-time: 02:45:55         |         |
| PB (25m pool):                                 |       |       | PB (50m pool): |       |       | SB:   |                          |         |
|                                                | 2 5 M | 5 0 M | 7 5 M          | 1 0 0 | 1 2 5 | 1 5 0 | 1 7 5                    | 2 0 0 M |
| PB                                             |       |       |                |       |       |       |                          |         |
|                                                |       |       |                |       |       |       |                          |         |
|                                                | ..... | ..... | .....          | ..... | ..... | ..... | .....                    | .....   |

Coach feedback:

| Event number: 15: 4x50M MEDLEY MEN 11+         |       |       |                |       |       |       | Heat:2, starttime: 17:42 |         |
|------------------------------------------------|-------|-------|----------------|-------|-------|-------|--------------------------|---------|
| Heat: 2/3    Lane : 1    Athlete: TEAM BRABO 4 |       |       |                |       |       |       | Q-time: 02:27:15         |         |
| PB (25m pool):                                 |       |       | PB (50m pool): |       | SB:   |       |                          |         |
|                                                | 2 5 M | 5 0 M | 7 5 M          | 1 0 0 | 1 2 5 | 1 5 0 | 1 7 5                    | 2 0 0 M |
| PB                                             |       |       |                |       |       |       |                          |         |
|                                                |       |       |                |       |       |       |                          |         |
|                                                | ..... | ..... | .....          | ..... | ..... | ..... | .....                    | .....   |

Coach feedback:

| Event number: 15: 4x50M MEDLEY MEN 11+         |       |       |                |       |       |       | Heat:3, starttime: 17:45 |         |
|------------------------------------------------|-------|-------|----------------|-------|-------|-------|--------------------------|---------|
| Heat: 3/3    Lane : 3    Athlete: TEAM BRABO 2 |       |       |                |       |       |       | Q-time: 01:49:40         |         |
| PB (25m pool):                                 |       |       | PB (50m pool): |       | SB:   |       |                          |         |
|                                                | 2 5 M | 5 0 M | 7 5 M          | 1 0 0 | 1 2 5 | 1 5 0 | 1 7 5                    | 2 0 0 M |
| PB                                             |       |       |                |       |       |       |                          |         |
|                                                |       |       |                |       |       |       |                          |         |
|                                                | ..... | ..... | .....          | ..... | ..... | ..... | .....                    | .....   |

Coach feedback:

| Event number: 15: 4x50M MEDLEY MEN 11+         |       |       |                |       |       |       | Heat:3, starttime: 17:45 |         |
|------------------------------------------------|-------|-------|----------------|-------|-------|-------|--------------------------|---------|
| Heat: 3/3    Lane : 5    Athlete: TEAM BRABO 1 |       |       |                |       |       |       | Q-time: 01:44:08         |         |
| PB (25m pool):                                 |       |       | PB (50m pool): |       |       | SB:   |                          |         |
|                                                | 2 5 M | 5 0 M | 7 5 M          | 1 0 0 | 1 2 5 | 1 5 0 | 1 7 5                    | 2 0 0 M |
| PB                                             |       |       |                |       |       |       |                          |         |
|                                                |       |       |                |       |       |       |                          |         |
|                                                | ..... | ..... | .....          | ..... | ..... | ..... | .....                    | .....   |

Coach feedback:

Laatste kans Vita: Session: 1: COACH evaluation sheet for TEAM: BRABO

| Event number: 15: 4x50M MEDLEY MEN 11+         |       |       |                |       |       |       | Heat:3, starttime: 17:45 |         |
|------------------------------------------------|-------|-------|----------------|-------|-------|-------|--------------------------|---------|
| Heat: 3/3    Lane : 7    Athlete: TEAM BRABO 3 |       |       |                |       |       |       | Q-time: 02:00:75         |         |
| PB (25m pool):                                 |       |       | PB (50m pool): |       |       | SB:   |                          |         |
|                                                | 2 5 M | 5 0 M | 7 5 M          | 1 0 0 | 1 2 5 | 1 5 0 | 1 7 5                    | 2 0 0 M |
| PB                                             |       |       |                |       |       |       |                          |         |
|                                                |       |       |                |       |       |       |                          |         |
|                                                | ..... | ..... | .....          | ..... | ..... | ..... | .....                    | .....   |

Coach feedback:

| Event number: 16: 4x50M MEDLEY WOMEN 11+     |       |       |                |       |       |       | Heat:2, starttime: 17:51 |         |
|----------------------------------------------|-------|-------|----------------|-------|-------|-------|--------------------------|---------|
| Heat: 2/3   Lane : 8   Athlete: TEAM BRABO 3 |       |       |                |       |       |       | Q-time: 02:37:54         |         |
| PB (25m pool):                               |       |       | PB (50m pool): |       | SB:   |       |                          |         |
|                                              | 2 5 M | 5 0 M | 7 5 M          | 1 0 0 | 1 2 5 | 1 5 0 | 1 7 5                    | 2 0 0 M |
| PB                                           |       |       |                |       |       |       |                          |         |
|                                              |       |       |                |       |       |       |                          |         |
|                                              | ..... | ..... | .....          | ..... | ..... | ..... | .....                    | .....   |

Coach feedback:

| Event number: 16: 4x50M MEDLEY WOMEN 11+     |       |       |                |       |       |       | Heat:3, starttime: 17:54 |         |
|----------------------------------------------|-------|-------|----------------|-------|-------|-------|--------------------------|---------|
| Heat: 3/3   Lane : 3   Athlete: TEAM BRABO 2 |       |       |                |       |       |       | Q-time: 02:07:54         |         |
| PB (25m pool):                               |       |       | PB (50m pool): |       | SB:   |       |                          |         |
|                                              | 2 5 M | 5 0 M | 7 5 M          | 1 0 0 | 1 2 5 | 1 5 0 | 1 7 5                    | 2 0 0 M |
| PB                                           |       |       |                |       |       |       |                          |         |
|                                              |       |       |                |       |       |       |                          |         |
|                                              | ..... | ..... | .....          | ..... | ..... | ..... | .....                    | .....   |

Coach feedback:

| Event number: 16: 4x50M MEDLEY WOMEN 11+     |       |       |                |       |       |       | Heat:3, starttime: 17:54 |         |
|----------------------------------------------|-------|-------|----------------|-------|-------|-------|--------------------------|---------|
| Heat: 3/3   Lane : 5   Athlete: TEAM BRABO 1 |       |       |                |       |       |       | Q-time: 01:58:01         |         |
| PB (25m pool):                               |       |       | PB (50m pool): |       |       | SB:   |                          |         |
|                                              | 2 5 M | 5 0 M | 7 5 M          | 1 0 0 | 1 2 5 | 1 5 0 | 1 7 5                    | 2 0 0 M |
| PB                                           |       |       |                |       |       |       |                          |         |
|                                              |       |       |                |       |       |       |                          |         |
|                                              | ..... | ..... | .....          | ..... | ..... | ..... | .....                    | .....   |

Coach feedback: